

Monterey Bay League Sports By-Laws

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MBL SPORTS BY-LAWS ARTICLE 1

BASEBALL

Section A **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 26 of the MBL General By-Laws

Section B **Contest Limits:** For Contest Limits, see Article 26 of the MBL General By-Laws

Section C **Divisions:** The Monterey Bay League shall compete Baseball in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above.

Section D **League Schedules:** The league schedule for each Division shall be a double or triple round robin schedule, as may be decided by the league Board of Managers from year to year. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the league Board of Managers. See Article 20 in the General By-laws regarding the obligation of all league schools to compete according to the league schedule.

Section E **League Championship Determination:** Each of the two Divisions shall have a champion, determined by the league round robin results. In the case of a first place tie between two teams, those teams shall be Co-Champions of the Division. In the case of a first place tie between three teams, those teams shall be Tri-Champions of the Division.

Section F **League Qualifiers to the CCS Playoffs:** The six automatic qualifier slots awarded to the league by CCS shall be allocated as follows: The top **5** teams in the MBL-Gabilan shall be Automatic Qualifiers from the MBL to the CCS Playoffs, and the top **1** team in the MBL-Pacific shall be an Automatic Qualifier from the MBL to the CCS Playoffs. Ties shall be broken in accordance with the MBL Tie-Breaker rules set forth in the General By-laws, Article 16.

Teams from the combined divisions seeking At-Large selection to the CCS Playoffs shall be presented to the CCS seeding meeting in order of their CCS seeding points, with the non-Automatic Qualifier with the CCS highest seeding points being the team presented first, and so on by order of seeding points.

Section G **Starting Time and Ten Run Mercy Rule**

1. All afternoon games shall be played at 3:30 PM prior to daylight savings time, at 4:00 PM after daylight savings time.

Note: It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify home teams, administrators or Athletic Director by 12 noon on game date. No teams shall be penalized for transportation difficulties. Monterey with one diamond available will play J.V. games upon availability of fields. Dates may vary from the schedule.

2. The 10-run mercy rule shall be in effect in all MBL league contests.

- Section H** **Equipment**
Teams shall use an NFHS approved game ball with the NFHS stamp on the all balls provided for games.
- Section I** **Priority of Teams**
Varsity, Junior Varsity, Frosh/Soph
- Section J** **Eligibility**
All schools shall abide by the eligibility rules as stated by CIF, CCS and MBL constitution and By-laws.
- Section K** **All-League Awards**
See General By-Laws, Article 15, for the League awards as relate to baseball.
- Section L** **Rainouts**
In the event of a rained out game, the Athletic Directors of the two schools involved should immediately be involved in setting the new date. In the event of disagreement, the League Commissioner shall be called, and the League Commissioner shall set the new date.
- Section M** **Warm Ups/ Late Bus/Warm Up Time**
Prior to pre-game infield by each team, the teams shall share the field equally, with each team having one-half of the infield and outfield on which to warmup, based on a line from home plate, through second base and to the center field barrier.
Teams arriving late to 3:30 starting time shall be given 15 minutes to warm up and 10 minutes infield/outfield. The home team shall not take infield/outfield until the visiting team has arrived.
- Section N** **Pitching Inning Participation**
1. The CIF pitching rule regarding innings pitched or games participated in per week is a mandatory requirement.
2. Each team scorebook shall be made available to both coaches, PRIOR to the game, if requested.
- Section O** **Called Games**
The CCS now has rules concerning the handling of a suspended Baseball game in the Central Coast Section. Reference should be made to those rules.
- Section P** **Day of Game Batting Cage Practice**
There shall be no batting cage practice or use on the day of any contest.

MBL SPORTS BY-LAWS ARTICLE 2

BASKETBALL (Boys and Girls)

Section A **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 26 of the MBL General By-Laws

Section B **Contest Limits:** For Contest Limits, see Article 26 of the MBL General By-Laws

Section C **Divisions:** The Monterey Bay League shall compete Boys and Girls Basketball each in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above. Boys and Girls teams from one school need not be in the same division.

Section D **League Schedules:** The league schedule for each Division shall be a double round robin schedule. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the league Board of Managers. See Article 20 in the General By-laws regarding the obligation of all league schools to compete according to the league schedule.

Section E **League Championship Determination:** Each of the two Divisions shall have a champion, determined by the league round robin results. In the case of a first place tie between two teams, those teams shall be Co-Champions of the Division. In the case of a first place tie between three teams, those teams shall be Tri-Champions of the Division.

Section F **League Qualifiers to the CCS Playoffs:** The top 3 teams in the MBL-Gabilan shall be Automatic Qualifiers to the CCS Playoffs, and the top 1 team in the MBL-Pacific shall be an Automatic Qualifier from the MBL to the CCS Playoffs. Ties shall be broken in accordance with the MBL Tie-Breaker rules set forth in the General By-laws, Article 16.

The qualifying criteria for any other league team to enter the CCS Playoffs shall be per the CCS rules and by-laws as they may be amended from time to time the CCS.

Section G **Game Time**

1. For three games, the start times are 4:00/5:30/7:00.
2. For two games, the start times are 5:30/7:00.

Any diversion from these start times must be by mutual consent of the administrations of the two schools involved. It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify home team administrators or Athletic Director in such a case and that no teams shall be penalized for transportation difficulties.

Section H **Priority of Teams and Movement of Players:** Varsity, Junior Varsity, Frosh-Soph. Movement is allowed up and down at any time during the season with careful attention being paid to the maximum contest limit for each individual player.

Section I **Equipment**
Teams shall use an NFHS approved game ball.

Section I **Host School Responsibilities**
1. Shall confirm officials with PSI.
2. Shall provide an NFHS approved game ball.
3. Shall provide a qualified official scorer and a current official scorebook.

Section J **Rules**
1. All rules not covered in these by-laws, CCS, or CIF shall be in accordance with the National High School Federation's Soccer Rule Book.

Section K **Officials**
1. Officials shall be assigned by PSI.
2. Each Varsity league game shall have a three man crew.
3. In the event that only one official is available, the home team and the visiting team shall each provide one linesman to assist the official.
4. The referee in charge shall be the official timer.

Section L **Eligibility**
All schools shall abide by the eligibility rules as stated by CIF, CCS and MBL constitution and By-laws.

Section M **All-League Awards**
See General By-Laws, Article 15, for the League awards as relate to basketball.

MBL SPORTS BY-LAWS ARTICLE 3

Cross Country (Boys and Girls)

Section A. **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 26 of the MBL General By-Laws

Section B. **Contest Limits:** For Contest Limits, see Article 28 of the MBL General By-Laws

Section C. **Divisions:** The Monterey Bay League shall compete Cross Country in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the following process :

The placement of schools into the Gabilan Division and the Pacific Division is to be determined annually and in the following manner:

- a) 6 teams are placed in the Gabilan based upon the strength of the overall program. This is based upon a point system from the MBL Championship Meet (see section H). In each race (Varsity, JV and Frosh/Soph) the first place team is given 13 points, the second place team 12 points, the third place team 11 points, etc. The combined points from the 6 races are added up for each school and the 6 schools with the highest scores are placed in the Gabilan Division for the following year.
- b) The final spot in the Gabilan Division is based upon the strength of just the Varsity teams. The school with the highest number of points, using the same scale, but just from the Varsity Championship races, is placed in the Gabilan Division.
- c) The remaining 7 schools are placed in the Pacific Division.

Section D. **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 28 of the MBL General By-Laws

Section E. **Contest Limits:** For Contest Limits, see Article 28 of the MBL General By-Laws

Section F. **Rules:** The official rules for Cross Country are contained in the current edition of the National Federation High School Rules Book, Central Coast Section (CCS), and these by-laws.

Section G. **Divisional Standings and Divisional Championship**

The Divisional final standings and the Divisional Champions are determined by the accumulation of points based upon the following formula:

- a) A point is awarded to every team a team finishes in front of in each of the 3 Center meets (see Section I); and
- b) 3 points are awarded to every team a team finishes in front of in the MBL Championship Meet.
- c) If there is a tie, the tie breaker is the order of the finish of the teams in the MBL Championship meet.

Section H. MBL Championship Meet and CCS Qualification

At the end of the League season there is an MBL Championship Meet. This meet will serve 2 functions. First, it will help in determining Divisional standings and Divisional Champions (see Section G). Secondly, it determines team and individual CCS qualifiers. The automatic team qualifiers are the top half (rounding up) of complete teams competing at the MBL Championship Meet. In addition, for any CCS division that does not have an MBL qualifier among those top half schools, the top school in the unrepresented CCS division in the bottom half of the MBL teams shall be a CCS qualifier. In addition, the top 3 individual runners not on a qualifying team advance to the CCS Championship. [Amended March 2017]

Section I: Center Meets.

There are 3 Center Meets for each division. These are to take place 2 weeks apart. **All Center Meets for both divisions will use an “Invitational-Championship” method of scoring and determining team results.** [Added April 2013]

Section J: Host Schools.

- a) The host schools for the 6 Center meets (3 for the Gabilan Division and 3 for the Pacific Division) are determined by alphabetical order beginning with the 2012 season. For the following season, the 3 schools that hosted the preceding year are excluded from hosting, and the Center meets are to be hosted by 3 of the 4 schools from the remaining 4, randomly chosen. The hosting of Center meets in subsequent years follows the same rotation ensuring that no school hosts center meets in back to back years.
- b) Host schools choose the sight of the Center meet.
- c) Host school is in charge of timing.

Section K: Order of Events

- 1. Varsity Boys
- 2. Varsity girls
- 3. JV Boys
- 4. JV Girls
- 5. Frosh/Soph Boys
- 6. Frosh/Soph Girls

Section L. Awards

League Awards are governed by the General MBL By-Laws, Article 15.

Section M. Priority of Teams

A complete team is 5 to 7 runners. A school must fill a Varsity team first. If a school has enough runners, a school must field a complete JV or Frosh/Soph team. If a school has more than 7 Frosh/Soph runners and additional runners can complete a JV team than a school must compete those runners in the JV race.

Section N. Starting Times

Center meets begin at 3:30 pm. MBL Championship times are to be set as a part of the league schedule preparation. It is understood that transportation schedules for the visiting teams may interfere with starting times. It is also understood that the visiting team will notify the host team of transportation problems. No team shall be penalized for transportation difficulties.

Section O Season Long Play

In Cross Country, an individual athlete will be unable to participate in the CCS playoffs due to failure to meet the CCS Playoff Policy regarding "Season Long Play (at least ½ the regular season league events), that athlete will be ineligible to participate in the League meet on behalf of his/her school. The League Commissioner shall make the final determination with respect to an individual's eligibility, including the exceptions involved in that CCS Playoff Policy.

MBL SPORTS BY-LAWS ARTICLE 4

FIELD HOCKEY

Section A **Practice Start Dates and Definition of Season:** Field Hockey shall be played during the Fall sports season. For Practice Start Dates and Definition of Season, see Article 26 of the MBL General By-Laws.

Section B. **Contest Limits:** For Contest Limits, see Article 26 of the MBL General By-Laws.

Section C. **Eligibility:**

1. All schools shall abide by the eligibility rules as stated by CIF, CCS and MBL Constitution and Bylaws.
2. Players may move between JV and Varsity squads at any time during the season.
3. A player may only play for one squad on any given day.

Section D. **League Schedules:** The league schedule for each Division shall be a single, double or triple round robin schedule, as may be decided by the league Board of Managers from year to year. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the league Board of Managers. See Article 20 in the General By-laws regarding the obligation of all league schools to compete according to the league schedule.

Section E. **Conduct of the Contest**

1. The current NFHS Field Hockey rules shall govern MBL Field Hockey Games, including the specifications therein regarding uniform colors and equipment allowed. Those rules notwithstanding, the length of game shall be 60 minutes for varsity and 50 minutes for Junior Varsity. Games may be shortened in case of darkness.
2. **Tie Breaker:** After a regulation tie, in Varsity league single round robin or bracket play only, a seven (7) minute, sudden victory; seven (7) aside shall occur. The 7-7 will follow the CCS format for play. See CCS Field Hockey By-Laws at www.cifccs.org. Only after that will the game end in a tie. An MBL school may also choose to use this same tie breaker in non-league games, but by advance agreement with the non-league opponent.
3. **Game Times:**
 - a. In the event of single Varsity games only, the start time will be 4:00 PM during DST, and 3:30 PM thereafter.
 - b. In the event of side by side games, the start time will be 3:30 PM during DST and 3:00 PM thereafter. In the event of back to back games, the varsity game shall be played first and start at 3:30 PM during DST and 3:00 PM thereafter, with the JV game following. (It is understood that transportation schedules may interfere with starting times. It is also understood that visiting teams will notify home teams in each case. No team will be penalized for transportation difficulties.)
4. The winning team will report the results to all appropriate local Newspapers as well as to the MaxPreps website.
5. Both team coaches must provide to the timer a list of the names of players as soon as they arrive on the field and before game time.

As Amended through March 2017 Board of Managers vote

Section F. Host School Responsibilities

1. Shall provide an official scorer and timer. The scorer and timer must remain at the designated timer's table for the duration of the contest.
2. Shall have the final decision of calling games in case of rain. Opponent schools must be notified by 12:00 PM.
3. Will provide all necessary field and game management equipment.
 - a. Regulation field with required markings.
 - b. Regulation goal cages
 - c. One new USFHA marked ball for each contest.
 - d. Table, 2 chairs, clock and scoreboard (electric or manual) for scorer and timer

Section G. League Championship

1. The league champion is the team that earns the most points based upon its won-loss-tie record for the single round robin league season. Points are awarded as follows:
 - Each regular league win = 2 points
 - Each regular league tie = 1 point
 - Each regular league loss = 0 points
2. A tie in championship points means that there will be co-champions (two teams) or tri-champions (three teams). No tie breaker will be applied to determine the league champion.

Section H. Automatic Qualifiers to CCS Playoffs

1. The automatic qualifiers to CCS shall be determined by the final league standings in accordance with the point system described above in Section G.
2. Tie Breakers for CCS Qualifier Spots: The league tie breaker shall be applied in accordance with the Tie Breaker rules contained in MBL General By-Laws, Article 16, with the further proviso that, if the head to head comparison in round robin league play is a tie, then the next factor to be looked at is the head to head comparison in any bracket game played between the two teams per the league schedule. If still a tie, then revert to the regular league tie breaker.

Section I. Awards

1. There shall be 16 first team All-League patches and certificates awarded for the All-League team. There shall be 16 second team All-League certificates awarded.
2. The recipients of these awards will be decided at the post-season meeting of the Coaches. The process for choosing those recipients shall be decided and agreed upon by the Coaches at their pre-season meeting. [Amended March 2017]
3. Each school shall receive one Sportsmanship certificate to award to one of its players.

Section J. Officials: See Article 8, Section A of the General By-Laws for requirements regarding officials.

MBL SPORTS BY-LAWS ARTICLE 5

FOOTBALL

Section A **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 26 of the MBL General By-Laws.

Section B. **Contest Limits:** For Contest Limits, see Article 26 of the MBL General By-Laws.

Section C. **Divisions:** The Monterey Bay League shall compete Football in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above.

Section D. **Rules:** The official rules for Football are contained in the current edition of the National Federation High School Rules Book, Central Coast Section (CCS), and these by-laws.

Section E. **League Schedules:** The league schedule for each Division shall be a single round robin schedule. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the league Board of Managers. See Article 20 in the General By-laws regarding the obligation of all league schools to compete according to the league schedule.

Section F. **League Championship Determination:** Each of the two Divisions shall have a champion, determined by the league round robin results. In the case of a first place tie between two teams, those teams shall be Co-Champions of the Division. In the case of a first place tie between three teams, those teams shall be Tri-Champions of the Division.

Section G. **Automatic League Qualifiers to the CCS Playoffs:** The top 3 teams in the MBL-Gabilan shall be Automatic Qualifiers to the CCS Playoffs, and the top 1 team in the MBL-Pacific shall be an Automatic Qualifier from the MBL to the CCS Playoffs. Ties shall be broken in accordance with the MBL Tie-Breaker rules set forth in the General By-laws, Article 16.

Section H **Game Times**

Frosh Only Thursday – 6:00 PM, Friday – 3:00 PM, Saturday – 11:00 AM

JV Friday – 5:00 PM

Varsity 7:30 PM; and not more than 25 minutes after the end of the preliminary game.

Saturday Game Times (all three levels): 9:00/11:30/2 or 3/5/7:30 PM.

Alternate Starting times for any games shall be by mutual agreement of schools concerned.

As Amended through March 2017 Board of Managers vote

Note: If it is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify home team administrators or Athletic Director. No team shall be penalized for transportation difficulties.

Section I **Frosh, JV, Varsity Game Duration**

1. Frosh and JV contests shall consist of four ten minute quarters.
2. 5th Quarter will be for Frosh only, and must be mutually agreed upon by each site. The 5th quarter will not be scored and will be based on agreed length of time or number of plays. There shall be no 5th Quarter for JVs.
3. Varsity contests will consist of four twelve minute quarters.

Section J **Game Ball:** Each team shall provide their own NFHS approved game ball to be used by their team.

Section K **Medical Practitioner:** The home school shall be responsible for having a medical practitioner in attendance on the sideline of all football games.

Section L **Officials**

1. Officials shall be assigned by PSI.
2. Five officials will be assigned for Varsity contests.
3. No less than four officials will be assigned for JV and Frosh contests.

Section M **Game Film/Video**

1. Video taping, exchange or receiving of tape of any contest is permitted.
2. A visiting team's video camera shall be placed at a similar vantage point as the home team. Only one video person will be allowed in specified areas.
3. If only one school uses an end-zone camera, a copy must be provided to the opponent. Game Copy must be made available no later than 24 hours after request for copy is made.
4. Outside teams video taping a game will not be permitted to tape from an area not occupied by spectators. An example is the end zone at Salinas High School that does not have stands.
5. Schools are required to provide a minimum of 2 games films. Opponent shall be provided 2 films as requested.
6. Film exchange shall occur Saturday morning (unless playing) prior to scheduled contest at a mutually agree upon location

Section N **Movement of Players**

1. Players must reach their fifteenth (15th) birthday before playing on the Varsity level. CCS Waiver must be completed for all 14 year old players at the Varsity level.

Section O **Priority of Teams**

1. Varsity, JV, Frosh

Section P **Field Restrictions**

1. The playing field and the area immediately adjacent to it shall be restricted to team members, coaches, managers, and other individuals as approved by the participating schools.
2. Scouting must be done from the stands. No scouts are allowed to stand at the end zone or on the sidelines unless the general public is also allowed.

Section Q **Football Playoffs:** To determine the tie breaker for football playoffs, see Article 16 above that applies to all sports.

As Amended through March 2017 Board of Managers vote

Section R **Eligibility:** All schools shall abide by the eligibility rules as stated by CIF, CCS and MBL Constitution and By-laws.

- Section S** **All League Selection Procedure**
1. All-League Procedures shall be in accordance with General By-Laws, Article 15.
 2. The All-league team will not be released to the press or public until all MBL teams are no longer in the playoffs.
 3. All-League meeting date for each division shall be decided upon at the pre-season meeting.

- Section T** **Spring Football Practice**
1. In the sport of football only, schools will be allowed no more than ten days and no more than 20 hours of spring practice, wearing only cleats and helmets, beginning after May 1st OR the last date of all MBL regular league contests in Spring sports, whichever is later.
 2. No tryouts may be conducted during spring football practice.
 3. Spring Football may not implicitly or explicitly be mandated by the coach or anyone else associated with the school or the program.

- Section U** **Post-Season Meeting**
1. A general meeting involving all 14 member school Head Football Coaches shall occur the week immediately following the conclusion of league play. Head Coaches and AD Reps shall make recommendations for any movement or non-movement between divisions to the league Athletic Directors. Changes only occur when approved by League Board of Managers.

MBL SPORTS BY-LAWS ARTICLE 6

GOLF (GIRLS)

Section A **Practice Start Dates and Definition of Season:** For practice start dates and definition of season, see Article 26 of the MBL General By-Laws.

Section B **Contest Limits:** For contest limits, see Article 26 of the MBL General By-Laws.

Section C **Teams:** Varsity team shall consist of up to six players. Schools fielding a full (6) Varsity team may also field a Junior Varsity team of any number of players.

Section D **League in Two Divisions:** The schools in the League shall play in two divisions, the MBL-Gabilan and the MBL-Pacific, and they shall be placed in the divisions by their relative competitive strength in accordance with the MBL General By-Laws. Each division shall have a league champion, decided as set forth below, and each shall have an All-League team.

Section E **Dual Match Format and Rules:**

- 1 USGA rules govern all matches and tournaments, except when these by-laws or local course rules demand otherwise.
- 2 Red or forward tees will be used.
- 3 League matches will begin at 3:30 p.m. They will be 9-hole matches.
- 4 Gallery people must stay 25 yards from the players or follow CCS_guidelines. Gallery may not help players in any way, may not talk to players, and, may not hinder play in any way. Proper golf attire required for players and gallery.
- 5 Pull carts are allowed.
- 6 Caddies are not allowed.
7. **Range Finders and Electronic Devices:** In all MBL play, including the league finals, the following shall apply:
 - a. The use of cell phones is strictly prohibited.
 - b. Players may obtain distance information using a device that measures distance only. If during a stipulated round, a player uses a distance-measuring device that is designed to gauge or measure other conditions that might affect that player's play (e.g., gradient, wind speed, temperature, etc.), the player is in breach of Rule 14-3 for which the penalty is disqualification, regardless of whether any such additional function is actually used.
 - i. iPhones and most other smartphones contain a compass and other applications which make them non-conforming distance measuring devices; thus, distance measuring applications on cell phones are not permitted under penalty of disqualification.
 - ii. If any player in a group uses a distance measuring device, then the player is **required** to share distance information with all other players in the group.

As Amended through March 2017 Board of Managers vote

8 The “6 and 3 Rule”: 6 strokes tee to green and 3 strokes on the green. In league or tournament play, a team has the option of having one or more of its players utilize the following “6 and 3” scoring rule, but note the effect that this may have on a team’s ability to win a league championship:

- a. After six strokes have accumulated tee to green, the ball is picked up and carried straight from the direction of the last lie to the nearest point of the green, and the ball is placed one club length onto the green. Then complete the hole with a maximum of 3 putting strokes of continuous putting on the green.
- b. Continuous putting – Once you start putting you continue until holed out.

9 Dual Match Scoring: The match score for each team is determined by playing six and taking the five best scores. A team with fewer than six players shall fill any unfilled slots with a score of 81 (the “6 and 3” rule maximum for 9 holes). The team with the lower score on this basis wins the dual match.

Section F **MBL League Tournament Format and Rules**: There shall be an MBL league tournament to be held at the conclusion of the season. The League tournament shall be a one day tournament played under the following format:

- a. USGA rules govern the league tournament, except when these by-laws or local course rules demand otherwise.
- b. It must be conducted over a minimum of 18 holes (one day) on a course with a par of 70 or higher, and shall be played from the yardages on the scorecard for the selected tees.
- c. The League Tournament will be played from the forward or red tees.
- d. Stroke play over 18 holes.
- e. In order to be eligible for either the league championship or for CCS playoffs, no team or player on that team shall utilize the 6 and 3 rule in the League Tournament.
- f. Pull Carts are allowed.
- g. Caddies are not allowed.
- h. Range Finders ARE allowed under the same terms and conditions as set forth in Section E.7 above for dual matches.

Section G **Scoring**: At each dual match and at the League Tournament, there should be a designated place to serve as a scoring area where the players will sit as a group and go over each score by hole before scorecards are turned in. Any disputes shall be resolved at that time. Once a player leaves the designated scoring area, the results are final and there shall be no appeals for any reason whatsoever.

Section H **Determination of League Champion**: Each Division shall have a League Champion team that shall be the team with the highest accumulation of team points for the combined dual match and League tourney season, determined as follows:

1. Each divisional and each cross divisional dual match won will count 2 points and each dual match lost will count as 1 point. A team that does not show up to a dual match will receive zero points.

As Amended through March 2017 Board of Managers vote

2. Each team in the League Tourney shall receive points for its place in the League Tourney results for that Division. For example, if seven teams participate in the League Tournament in that division, the team scoring first place will receive 7 points, the team scoring second would receive 6 points, the team scoring third would receive 5 points and so forth such that team scoring seventh would receive 1 point.

Section I **Qualification of Teams and Individuals to Advance to CCS Section**

1. **MBL Team Automatic Qualifiers to the CCS Playoffs:** The Monterey Bay League is currently entitled to two team automatic Qualifiers to the CCS playoffs. The League Champion of the MBL-Gabilan, as determined above and after applying league tie breaker rules if necessary, shall be one of the two teams. Tie Breaker rules for this purpose will be determined by and applied in the following order:
 - First, Head to Head (based on win or lose, not total strokes);
 - Second, if necessary, Outcome of the League Tournament;
 - Third, if necessary, Head to Head versus common opponent;
 - Fourth, if necessary, Coin Flip.

The second Automatic Qualifier team shall be determined by a team head-to-head 9-Hole match between the MBL-Gabilan #2 team and the League Champion of the MBL-Pacific, conducted as follows:

- a. The match shall be after the MBL Tournament but on or before the last day of league play allowed by CCS, and shall be on a course designated by the League Commissioner.
 - b. The match shall be conducted in accordance with all the rules of the Dual Matches as set forth above, though neither team shall utilize the "6 and 3" rule for any of its players.
 - c. The winner of this match shall be the second Automatic Qualifier from the MBL to the CCS team championships.
2. **MBL Individual Qualifiers to the CCS Playoffs:** The Monterey Bay League is currently entitled to submit one individual for consideration to the CCS playoffs, and that one individual shall be the golfer with the lowest score at the League Tournament. The proposed individual is not an automatically a qualifier into the CCS playoffs, but will be considered pursuant to CCS Girls Golf By-Laws. Any other individual golfers not on a qualifying team shall qualify as set forth in the CCS Girls Golf By-Laws.
[As Amended March 2017]

Section J **All MBL League Selection:** The MBL All League individuals **for each division** will be selected by the coaches at the league postseason seeding meeting using their differentials for the entire season. The MBL All League second team selection **for each division** will be determined by a combination of the seeding meeting and the MBL League Tournament results.

Section K **Dress Code**

1. A suitable dress code shall be observed.
2. Girls may wear shorts with minimum 6" inseam, but no blue jeans.
3. All team members must wear appropriate golf attire. Mid-riffs shall not be exposed.

As Amended through March 2017 Board of Managers vote

- Section L** **Rained out or Cancelled Match Play:** Match cancellation due to weather is to be determined by the home team coach with approval of the Athletic Director. No match is to be held if the weather causes the players to be in danger. Home coach/AD must notify visiting coach/AD before 12 noon on the day of the match. The home team will reschedule the match as soon as possible by mutual consent.
- Section M** **Eligibility Rules:** All schools shall abide by the eligibility rules as stated by CIF, CCS, and MBL Constitution and By-laws.
- Section N** **Sportsmanship:** Any player displaying poor sportsmanship (club or ball throwing, course destruction or loud excessive swearing) will be penalized two strokes for the first infraction and disqualified for the second infraction.
- Section O** **MBL Championship Chairmanship:** Each MBL participating team will share in the responsibilities of coordinating and organizing the League Tournament.
- Section P** **Season Long Play:** In Girls Golf, an individual athlete will be unable to participate in the CCS playoffs due to failure to meet the CCS Playoff Policy regarding "Season Long Play (at least ½ the regular season league events), that athlete will be ineligible to participate in the League meet on behalf of his/her school. The League Commissioner shall make the final determination with respect to an individual's eligibility, including the exceptions involved in that CCS Playoff Policy.

MBL SPORTS BY-LAWS ARTICLE 7

GOLF (STUDENT)

Section A **Season Start Dates and Contest Limits**

The season start dates, as well as the definitions and limitations around contests, scrimmages, jamborees, etc, are all as established by the CCS and/or CIF By-Laws. See Article 26 of the General MBL By-Laws.

Section B **Divisions**

The Monterey Bay League shall compete Student Golf in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the general by-laws above.

Section C **Matches**

1. Total of 18 contact points, including matches and tournaments are allowed after 2/24/2014 (and prior to 4/30). (See CCS Rules for tournaments longer than one day). Each team may also schedule up to 2 non- scoring scrimmages, starting 2/17/2014. Non scoring scrimmages do not count toward the 18 points of contact and may not be used for scoring averages or seeding purposes..
2. The 18 contact points shall also refer to individual competition. Any individual may compete against another school, at any level (JV or Varsity), only 18 times.
3. Each division shall conduct 6 matches with all six division teams participating, alternating the home course. Each divisional team shall host one match.
4. Matches shall be 9-hole tournaments and may be up to 18 holes, which will be dictated by coaches agreement, daylight and support from local golf courses. Support is defined by what each golf course allows and is based upon working around paying customers.

Section D **Teams**

1. Varsity team shall consist of six players.
2. Junior Varsity teams are encouraged.

Section E **Tournament Format**

1. Summer rules govern all matches and tournaments except when local rules prevail.
2. If possible, tee markers will be set on each site to accommodate a course yardage of 3200-3300 yards.
3. League tournaments will start at 2:30pm prior to daylight savings time (DST) and at 3:00pm after DST. JV start times are 3pm before DST and 3:30pm after DST.
4. Gallery (parents, friends, etc.) must check in with coaches before the tournament begins. Gallery must stay 30 yards away from the players.

As Amended through March 2017 Board of Managers vote

5. Tournament cancellation due to weather is determined by the host school. A call to cancel must be made 2 hours prior to tournament time. Visiting coaches not informed of the situation should contact the golf course 1-1/2 hours prior to the match. No tournament is to be held if weather causes the players to be in danger.
6. No team shall be penalized for transportation difficulties. If possible, or when a problem exists, the coach, athletic director or administrator will call the host school with the delay information.
7. Tournaments are defined as 9 holes or agreed upon amount of holes of medal play. If more than 9 holes are played the scores shall be adjusted to 9 hole scores for all league status purposes. Coaches will agree to how that will be accomplished before the start of the event.
8. Low **five** scores for the six players will count to determine the winner of the tournament

Section F

Scoring

1. Medal Play – **five** of six scores will be used to determine tournament winner. Fewer than five scores will result in disqualification of the team for that match. ***Teams and individuals wishing to compete for a division title, an individual title or a CCS qualifier spot must use full scoring throughout the league season and at the league tournament. The league standings will be determined by first considering those teams who used full scoring throughout the league season, with other teams and individuals who used “max scoring” finishing the league standings below those who used full scoring. [Added January 2017]***

2. Match points:

First place	= 1 point
Second place	= 2 points
Third place	= 3 points
Fourth place	= 4 points
Fifth place	= 5 points
Sixth place	= 6 points

3. The lowest total strokes per team will determine the winner of the tournament.

4. If there is a tie, team placement points will be split equally between tied teams.

5. MBL League tournament – 18 holes – The team points will double and be determined by division.

First place	= 2 points
Second place	= 4 points
Third place	= 6 points
Fourth place	= 8 points

As Amended through March 2017 Board of Managers vote

Fifth place = 10 points

Sixth place = 12 points

6. MBL League Division champions will be determined by the lowest cumulative points earned throughout the season.

7. All scorecards will be mutually verified at the conclusion of the round. The players will sit at the scoring table as a group and go over each score by hole before scorecards are turned in. Any disputes shall be rectified at that point in time. Once a player leaves the designated scoring area the results are final and all disputes will be null and void.

8. At the conclusion of each hole all players will announce their score out loud to the group as a numeral (e.g. 3, 4, or 5—not par or bogey or birdie).

9. Each Division will have a scoring representative who will be responsible for record keeping in all League Events. This scoring representative will use the NCGA method of adjusted scores on a team and individual basis to assist in the CCS at-large seeding meeting. There are six “at large” team and six “at large” individual spots available for CCS Regional Tournament. Non-automatic qualifying teams will be presented for “at Large” worthiness, based on these averages, along with their entire resume. The scoring representative will assist the division team coach in preparing their adjusted scoring totals prior to submission to the CCS Seeding committee. All MBL schools are encouraged to schedule a representative number of contests to aid in the seeding process. The order of seeding worthiness for non-automatic qualifiers at the completion of the League Tournament will be determined by comparative differential scores.

10. For all scoring matches (not scrimmages) each coach must keep accurate records according to **CCS at Large Scoring Sheet provided on the CCS website.**

Section G **MBL League Tournament**

1. MBL tournament will be held as the final event on the League Schedule each season.
2. Team points will be doubled and count towards league standing.
3. The tournament will determine the 4 individual qualifiers for the CCS Tournament, not on a qualifying team.
4. The MBL League Final score will break ties for CCS seeding purposes.
5. The league champion of the Gabilan division (as 1st seed) and the winner of the neutral-site playoff between the Gabilan division 2nd place team and the winner of the Pacific division (as 2nd seed) will be the 2 automatic qualifiers to the CCS Regional Golf tournament.
6. Four individuals not on an automatic or “at large” qualifying team will also advance to the CCS tournament.
7. Results in the MBL Final tournament will break any ties. In the event a tie for CCS qualifiers, either individual, team or all-league selection, still exists, the USGA tiebreaker rules will be used to break the tie. Any ties that exist after both remedies have been used will then be decided by a coin flip.
8. The MBL league tournament will be contested over 18 holes. If there is a rainout, the tournament shall be rescheduled as soon as possible before the CCS seeding meeting, regardless of a neutral site. If play can not proceed coaches will meet to determine league standings.

As Amended through March 2017 Board of Managers vote

Section H **All League Team (Both Divisions)**

1. All-league team will consist of the top six players determined by the differential (strokes over par) for 9 or 18 holes depending on what the course allows.
2. Players may drop 1 round (worst score).
3. MBL League Finals score must be kept.

Section I **Player Apparel and Behavior**

1. A suitable dress code shall be observed. No blue jeans or tee shirts. Collared shirts are required and if the course allows shorts can be worn as long as they meet golf course requirements.
2. Shirts with collars, tucked in at all times.
3. Hats to be worn forward at all times around the golf course.
4. Remember, we are guests of the golf course.
5. The use of drugs, including smoking, profanity, or abuse of the golf course will not be tolerated. ***The use of cell phones or any other electronic devices are prohibited.*** Any abuse of the above will result in immediate disqualification.
6. The use of pull or motorized push carts will be allowed under all circumstances. There shall be no caddies allowed under any circumstances.
7. Coaches are to be marshals when play begins and cannot offer advice.
8. Range Finders and Electronic Devices: In all MBL play, including the league finals, the following shall apply:
 - a. The use of cell phones is strictly prohibited.
 - b. Players may obtain distance information using a device that measures distance only. If during a stipulated round, a player uses a distance-measuring device that is designed to gauge or measure other conditions that might affect that player's play (e.g., gradient, wind speed, temperature, etc.), the player is in breach of Rule 14-3 for which the penalty is disqualification, regardless of whether any such additional function is actually used.
 - i. iPhones and most other smartphones contain a compass and other applications which make them non-conforming distance measuring devices; thus, distance measuring applications on cell phones are not permitted under penalty of disqualification.
 - ii. If any player in a group uses a distance measuring device, then the player is **required** to share distance information with all other players in the group.

As Amended through March 2017 Board of Managers vote

Section J **Eligibility:** All schools shall abide by the Eligibility rules as stated by the California Interscholastic Federation, the Central Coast Section and the Monterey Bay League Constitution and By-laws.

Section K **Season Long Play:** In Student Golf, an individual athlete will be unable to participate in the CCS playoffs due to failure to meet the CCS Playoff Policy regarding “Season Long Play (at least ½) the regular season league events), that athlete will be ineligible to participate in the League meet on behalf of his/her school. The League Commissioner shall make the final determination with respect to an individual’s eligibility, including the exceptions involved in that CCS Playoff Policy.

As Amended through March 2017 Board of Managers vote

MBL SPORTS BY-LAWS ARTICLE 8 (Reserved)

GYMNASTICS

Currently, any MBL school that competes Gymnastics does so by supplementing into the Blossom Valley Athletic League, and the By-Laws of that League govern Gymnastics.

MBL SPORTS BY-LAWS ARTICLE 9 (Reserved)

BOYS LACROSSE

Currently, the MBL schools that compete Boys Lacrosse do so by supplementing into the Mission Trail Athletic League, and the By-Laws of that League govern Boys Lacrosse.

MBL SPORTS BY-LAWS ARTICLE 10

SOCCKER (Boys and Girls)

Section A **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 28 of the MBL General By-Laws

Section B **Contest Limits:** For Contest Limits, see Article 28 of the MBL General By-Laws

Section C **Divisions:** The Monterey Bay League shall compete Boys and Girls Soccer each in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above. Boys and Girls teams from one school need not be in the same division.

Section D **League Schedules:** The league schedule for each Division shall be a double round robin schedule. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the league Board of Managers. See Article 20 in the General By-laws regarding the obligation of all league schools to compete according to the league schedule.

Section E **League Championship Determination:** Each of the two Divisions shall have a champion, determined by the league round robin results. In the case of a first place tie between two teams, those teams shall be Co-Champions of the Division. In the case of a first place tie between three teams, those teams shall be Tri-Champions of the Division.

Section F **Automatic League Qualifiers to the CCS Playoffs:** The top 3 teams in the MBL-Gabilan shall be Automatic Qualifiers to the CCS Playoffs, and the top 1 team in the MBL-Pacific shall be an Automatic Qualifier from the MBL to the CCS Playoffs. Ties shall be broken in accordance with the MBL Tie-Breaker rules set forth in the General By-laws, Article 16.

Section G **Game Time**

1. If Side by Side games begin at 3:30 pm
2. If Back to Back game times are 4:00 JV/5:45 V for all except Monterey (3:00 V, JV follow); Wats and PV (5:00 JV/6:45V)

It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify home team administrators or Athletic Director in such a case. No teams shall be penalized for transportation difficulties.

3. Priority of teams: (Boys) Varsity, JV (Girls) Varsity, JV, Frosh.

Section H **Length of Contests**

Varsity contests shall consist of two 40 minute halves with a ten minute intermission at half-time. JV contest shall consist of two 40 minute halves with a ten minute intermission at half-time when Varsity and JV games are played simultaneously.

As Amended through March 2017 Board of Managers vote

Section I **International Scoring System**

Win 3 points

Tie 1 point

Loss 0 points

There is no overtime for regular league (or preseason) games.

Section J **Rules**

1. All rules not covered in these by-laws, CCS, or CIF shall be in accordance with the National High School Federation's Soccer Rule Book.

Section K **Officials**

1. Officials shall be assigned by PSI.

2. Each Varsity league game shall have a three man crew.

3. In the event that only one official is available, the home team and the visiting team shall each provide one linesman to assist the official.

4. The referee in charge shall be the official timer.

Section L **Rosters**

1. Prior to the start of a league contest, each coach must present the referee with a complete roster of his players. The roster must have the name and number of the player.

2. Each player must attempt to keep the same number throughout the season.

Section M **Eligibility**

All schools shall abide by the eligibility rules as stated by CIF, CCS and MBL constitution and By-laws.

Section N **League Championships**

The League champion for each division shall be determined by the use of the International Scoring System for Soccer.

Section O **Ties/Playoffs**

See General By-Laws, Article 16, for the Tie Breaker System that applies to all sports.

MBL SPORTS BY-LAWS ARTICLE 11

SOFTBALL

Section A **Definition of Season**

For definition of season and practice start dates, see Article 26 of the General by-laws.

Section B **Contest Limits**

For contest limits, see Article 26 of the MBL General By-Laws

Section C **Eligibility**

All schools must abide by the rules as stated in the CIF, CCS and MBL constitution and by-laws.

Section D **Divisions**

The Monterey Bay League shall compete in softball in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the general by-laws above.

Section E **League Schedules**

The league schedules for each division shall be a double round robin schedule. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the League Board of Managers. See Article 20 in the general by-laws regarding the obligation of all league schools to compete according to the league schedules.

Section F **League Championship Determination**

Each of the two divisions shall have a champion determined by the league round robin results. In case of a first place tie between two teams, those teams shall be co-champions of the division. In the case of a first place tie between three teams, those teams shall be tri-champions of the division.

Section G **Automatic League Qualifier to the CCS Playoffs**

The top three (3) teams in the MBL-Gabilan shall be automatic qualifiers to the CCS playoffs and the top one (1) team in the MBL-Pacific shall be an automatic qualifier to the CCS playoffs. Ties shall be broken in accordance with the MBL tiebreaker rule set forth in the general by-laws, Article 16.

Section H **CCS Qualifying Criteria**

As Amended through March 2017 Board of Managers vote

Qualifying criteria for teams entering the CCS tournament for softball shall be as per the CCS rules and guidelines with respect to said criteria as they may be amended from time to time by the CCS. Automatic qualifiers must go first, in order of their league finish, with the teams then proposed for At-Large consideration in order of their seeding power points, from highest to lowest.

Section I **Host School Responsibilities**

1. Shall provide to (2) NFHS regulation optic yellow softballs for each game.
2. Shall secure the officials – two (2) for the varsity game, one (1) for the JV game and one (1) for the frosh-soph game.
3. Shall assure that the bases used have a permanent post and removable base.
4. Shall provide an official scorer.
5. *Shall wear white uniforms and visting team will wear school colors, unless the school has only one set of uniforms.*
6. *Restroom facilities must be provided within a reasonable distance from the softball facility.*

Section J **Equipment**

1. NFHS regulation optic yellow softballs will be used. *Varsity* teams shall be uniformly dressed as stated in the rule book. All equipment must be approved by the NFHS.

Section K **Conduct of Contests**

1. Starting time is 4:30 p.m. side by side and 4:30 JV and 6:30 varsity when played back to back.

 Note: It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify the home team administrators or athletic director in such a case. No team shall be penalized for transportation difficulties.
2. Federation rules are to be observed.
3. Varsity and JV games will be seven (7) innings with the ten (10) run rule in effect after 5 innings (4 ½ innings if the home team is ahead). For Frosh-Soph games will be a maximum of 90 minutes in duration, shall have a maximum of 10 batters in any one half inning, and shall also be governed by the above ten (10) run rule.
4. The international tie breaker shall be used after nine (9) innings.
5. A pitching machine and/or batting cage are not to be used for warm-ups or during a game.

Section L **Priority of Teams**

Varsity, Junior Varsity, Frosh-Soph, Frosh

As Amended through March 2017 Board of Managers vote

Section M **Movement of Players**

Frosh, Frosh-Soph or JV players may move up to the varsity level at any time during the season. Also, downward movement is allowed at any time during the season due to no league championship at the lower levels.

Note: The contest limit applies to teams and individual players. If players move up or down, coaches are strongly urged to keep an accurate count of contacts to avoid going over the limit and having to possibly forfeit games.

Section O **Officials**

Peninsula Sports Inc. will provide officials for all levels. There will be two (2) officials for the varsity game, one (1) official for the JV game and one (1) official for the Frosh-Soph game.

Section P **Rainouts**

In the event of a rained out game, the Athletic Directors of the two schools involved should immediately be involved in setting the new date. In the event of disagreement, the League Commissioner shall be called, and the League Commissioner shall set the new date.

Section Q **Late Bus/Warm-Up Time**

1. Teams arriving late to the 4:30 *p.m.* start time shall be given fifteen minutes to warm-up and ten minutes for infield/outfield.

Note: Warm-up does not begin with the arrival of the visiting team, but rather when all visiting players are on the field ready to stretch or throw.

Section R **Tie Breaker System**

See General by-laws, Article 16.

-Section S **All League Awards**

The number of All-League awards and the process of deciding the recipients shall all be in accordance with Article 15 of the MBL General By-Laws.

MBL SPORTS BY-LAWS ARTICLE 12

SWIMMING AND DIVING (Boys and Girls)

Section A Season Start Dates and Contest Limits

The season start dates, as well as the definitions and limitations around contests, scrimmages, jamborees, etc, are all as established by the CCS and/or CIF By-Laws. See Article 26 of the General MBL By-Laws.

Section B Divisions

The Monterey Bay League shall compete Swimming and Diving in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above, with the Boys and Girls teams from a school being in the same division.

Section C League Schedules

The league schedule for each Division shall be a single round robin schedule followed by Division Championship meets. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the league Board of Managers. See Article 20 in the General By-laws regarding the obligation of all league schools to compete according to the league schedule.

Section D Meets

a. Starting Time Start time is 3:30 PM

Note: It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify the home team administrators or Athletic Director in such case. No team shall be penalized for transportation difficulties.

b. Order of events:

Varsity, JV, Boys and Girls
200 medley relay
200 freestyle
200 individual medley
50 yard freestyle
1 meter diving
100 butterfly
500 freestyle
200 freestyle relay
100 backstroke
100 breaststroke
400 freestyle relay

c. Host School Responsibilities

1. Shall provide the officials as stated in these by-laws: **starter, referee, head finish judge, and six timers (each with a watch).**
2. Shall provide diving sheets, diving scoreboards, and at least two copies of meet results, one is to be given to the visiting team at the conclusion of the meet.
3. Shall provide their own towels.

As Amended through March 2017 Board of Managers vote

4. Submit all entries on cards upon arrival to the head scorekeeper. Changes may be made at any time by the respective coaches up to the call of the scheduled event.

d. Visiting School Responsibilities

1. Shall provide four timers, each with a watch.
2. Shall provide their own towels.

e. Officials

As provided in the NFHS rules. A coach or assistant coach shall not act as a meet official in any meet his/her team is a participant, except by mutual agreement of the two coaches.

f. Conduct of Contest

1. The meet shall be conducted under the current NFHS rules except as may be modified by the State CIF, the CCS or these By-laws.
2. MBL records shall be set only at MBL and CCS (CIF) championships.
3. Diving shall be competed and scored as a meet event if either the home or visiting school has diver or divers. The diving competition shall be conducted the day prior to the meet if there is not adequate warm-up and competition room separate from the pacing lanes. Score sheets must be presented the day of the meet for recording.

Section E League Championship Determination

Each of the two Divisions shall have a champion, determined by a combination of the round robin results together with the results of the Division championship meet, with the following formula to be used to determine the Division champion:

1. League championships shall be determined on a point basis:
 - a. Two points for each dual meet, one if tied.
 - b. In the MBL finals, a team will achieve its final league standing by adding the points scored during the dual meet season to the points in the MBL finals. In the MBL finals a team will receive three points for every team it beats.

Section F Host of League Championship Meet

The league meet shall be conducted by a different school each year until each school has hosted the meet unless the school does not have a facility with championship quality.

Section G Overall League Qualifiers to the CCS Championships:

Those swimmers and divers who meet the CCS qualifying standards shall be eligible for participation in the CCS Championships.

Section H All-league Awards

Each Division shall have All-League individuals who shall be named based solely on their finish at the Division Championship Meets. The numbers of said official league awards are as set forth in Article 15 of the MBL General By-Laws.

Section I Eligibility

All schools shall abide by the eligibility rules as stated by CIF and MBL Constitution and By-laws.

Section J Sport Chairperson

As Amended through March 2017 Board of Managers vote

1. The sport chairperson shall be the official custodian of all MBL records and shall keep an accurate and current accounting of the league standings.
2. The sport chairperson shall call a meeting at least two weeks prior to the first league meet which shall be attended by all swim coaches or their representatives.
3. The sport chairperson shall maintain records as to which school is to host the league championship.

Section K **Season Long Play and Eligibility for League Finals and CCS**

In Swimming and Diving, if an individual athlete would be unable to participate in the CCS playoffs due to failure to meet the CCS Playoff Policy regarding "Season Long Play (at least ½ the regular season league events), that athlete will be ineligible to participate in the League meet on behalf of his/her school. The League Commissioner shall make the final determination with respect to an individual's eligibility, including the exceptions involved in that CCS Playoff Policy.

MBL SPORTS BY-LAWS ARTICLE 13

TENNIS (Girls and Boys)

Section A. **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 26 of the MBL General By-Laws.

Section B. **Contest Limits:** For Contest Limits, see Article 26 of the MBL General By-Laws.

Section C. **Divisions:** The Monterey Bay League shall compete both Girls and Boys Tennis in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above.

Section D. **Rules:** The official rules for Girls and Boys Tennis are contained in the current edition of the United States Tennis Association Handbook of Tennis Rules and Regulations, the Central Coast Section (CCS), and these by-laws.

Section E. **League Schedules:** The league schedule for each division shall be a double round robin schedule followed by the league finals. Girls Tennis is competed during the Fall sports season, and Boys Tennis is competed during the Spring sports season.

Section F. **Team League Championship Determination:** Each of the two divisions shall have a champion determined by the round robin results. If there is a tie at the conclusion of round robin play, the tied teams shall be declared co-champions.

Section G. **Automatic Qualifiers To The CCS Championship:** The first place team in the Gabilan Division will receive one of the two automatic qualifiers to the CCS Team Championship Meet. There will be a playoff between the first place team of the Pacific Division and the second place team of the Gabilan Division. The winner of the playoff will receive the second of the automatic qualifiers to the CCS Team Championship Meet. Any ties for either of these two playoff spots will be broken by the league tie breaker rules.

Section H. **Individual Championship Determination:** The MBL girls and boys tennis finals will be held at the conclusion of the round robin play. These finals will involve all teams from both divisions. There will be no individual division championship. Day One of such finals shall consist of two singles and two doubles teams from each school in each division meeting at a separate division site with each playing a seeded, single elimination tournament until the final two single and doubles teams in each division are left. They shall not play off division finals. The remaining two singles and two doubles teams from each division shall play at a single site a seeded single elimination set of semi-finals and finals matches on Day Two of the tournament with the Gabilan 1 seed playing the Pacific 2 and the Gabilan 2 team playing Pacific 1 in the semi-finals. The winners of those semi-finals matches shall play for the league championship individual and doubles titles, with the winners being league champions and first seed to CCS and the runners-up being second seed to CCS. Single elimination tournament shall be played determining individual singles and doubles champion.

Section I. **All-League Awards:** League Awards are governed by the General MBL By-Laws, Article 15.

As Amended through March 2017 Board of Managers vote

Section J. **Eligibility:** All schools shall abide by the eligibility rules as stated by the CIF, the CCS, and the MBL Constitution and By-Laws.

Section K. **Equipment:** NFHS approved balls will be used for competition, with those balls used for CCS playoffs highly recommended.

Section L. **Officials**

1. The host school shall act as the official umpire.
2. Players shall referee their own matches unless they request a coach/umpire. Back and side line calls cannot be made by a player at the net - the person closest to the line makes the line call.

Section M. **Priority of Teams:** Varsity teams will be fielded first followed by JV.

Section N. **Home Team Host Responsibilities**

1. The home coach shall greet the visiting team and explain any non-USTA court rules because of physical inadequacies.
2. The home coach shall collect from the visiting coach a binding written line-up within the first five minutes upon arriving at the host school premises.
3. The home coach shall introduce competitors, assign courts, and explain the scoring system.
4. The home coach shall provide new tennis balls for each of the seven matches and also have available extra new balls in case of a flaw or a loss.
5. The home coach shall call the visiting coach or school indicating the number of exhibition matches, the courts available, the location of courts, etc.
6. While it is not mandatory, it is a good idea for the home coach to offer the courtesy of water and snacks for the competitors.

Section O. **Starting Times:** The start time for MBL matches is 4:00 PM.

It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify home team administrators or athletic directors. No team shall be penalized for transportation difficulties.

Section P. **Conduct Of Contest**

1. Play shall be governed by USTA rules.
2. A match will consist of 2 out of 3 sets with no ad scoring (see USTA guide), with the third set being a match 10 point tie breaker.
3. The 12 point tie-breaker procedure will decide the winner of a 6-all set.
4. In the event that the team match is won by one school or the other before all matches are completed (i.e. 4-1 after five matches), the coach may change the line-up by mutual agreement.

As Amended through March 2017 Board of Managers vote

5. Team line-ups will be made with two separate ladders: a singles ladder and a doubles ladder. Ladders will be formed by ability level, i.e. the strongest players at the top of their respective ladders. Substitutions shall be made at the bottom position of each ladder. For singles, all players will be moved up and a substitution made at #4 singles. For doubles, a substitution is made at the #3 doubles. Forfeitures can only be made at either the #4 singles or #3 doubles, i.e. the bottom of either ladder.

6. USTA Coaching Rules Apply. Coaching is defined as giving advice or instruction. Coaching will be allowed only on changeover. Players must come to the coach at the fence or side of the court. During the break between sets, the coach may talk with the players. After due warning an offending player may be disqualified. When an approved point penalty system is in operation, the umpire shall impose penalties according to that system.

The point penalty system is as follows:

First Offense: Warning

Second Offense: Point

Third Offense: Game

Fourth Offense: Default

Coaches agreement: If the violation occurs, the coaches' honor will dictate the use of the point penalty system, in hopes that it will not be abused.

7. Sportsmanship violations include, but are not limited to calling lines, abusive language, flagrant violation, or CIF and USTA sportsmanship code violations.

8. Matches can be called because of rain, darkness, heat, cold, or smog.

9. A dual meet shall consist of 7 matches: 4 singles and 3 doubles.

10. If any team has less than ten players, the line-up must be arranged so that all available players on that team play.

Section Q. Season Long Play and Eligibility for League Finals and CCS

In Tennis (Girls and Boys), if an individual athlete would be unable to participate in the CCS playoffs due to failure to meet the CCS Playoff Policy regarding "Season Long Play (at least ½ the regular season league events), that athlete will be ineligible to participate in the League tournament on behalf of his/her school. The League Commissioner shall make the final determination with respect to an individual's eligibility, including the exceptions involved in that CCS Playoff Policy.

MBL SPORTS BY-LAWS ARTICLE 14

TRACK AND FIELD (Boys and Girls)

Section A & B Season and Meets

For Practice Start Dates and Contest Limits, see Article 28 of the General By-Laws above.

Section C Divisional Placement

The Monterey Bay League shall compete Track and Field in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above.

Section D Divisional Standings and Divisional Championship

1. The league champions will be determined by the total points accrued from a combination of the dual meets and the league finals.
2.

Points for dual meet		Points for league meet	
Win	1 points	Win	3 points
Tie	1/2 point	Team Tie	1 ½ points
3. Entries for Divisional Championships:
 - a. JV – Four (4) athletes per school, per event. Additional athletes may be entered if meet the mark of the average eighth place finisher in the trials from the previous three League JV Finals.
 - b. Varsity – Four (4) athletes per school, per event.
 - c. All athletes entered in the Divisional Championships are eligible to score.
 - d. Entry are final at the conclusion of the regular season (Saturday prior to seeding meeting/League Trials). All entries are final at the end of the seeding meeting. Each school is allowed to have only four (4) athlete changes to their entries on the date of the seeding meeting.

Section E MBL Divisional Championships & CCS Qualifying Meet

1. MBL Divisional Championships will be held on Tuesday & Friday of the same week, 2 weeks prior to the CCS Semi Finals Meet.
2. Divisional Varsity Trials / JV Finals will be held on Tuesday at two different sites. Site(s) will be determined at the Pre Season Coaches meeting.
 - a. Varsity Trials:
 - i. Varsity trials will be held in every event with more than 8 competitors unless otherwise determined at the seeding meeting. The top 8 or 9

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- Varsity athletes in each event, in each division, will qualify for the Divisional Finals. Number of qualifiers depends on the number of available lanes at the Divisional Finals site.
- ii. All Varsity 3200 meter runners automatically qualify for the Divisional finals.
 - iii. In Varsity sprint/hurdle events, the winner of each heat, plus the next fastest to fill the lanes will advance to the finals.
 - iv. Varsity 800 and 1600 trials will have two heats, unless otherwise determine at the seeding meeting. The top two in each heat plus the next five (5) fastest in the 800, and the next eight (8) fastest in the 1600, will advance to the finals.
 - v. Varsity pole vault and high jump competitors will compete until there are nine (9) athletes remaining and they will advance to the finals. If there is an exact tie for the final qualifying position, then both jumpers will advance. If three (3) or more athletes are tied for the final position, then the event will continue until only nine (9) remain.
 - vi. Varsity horizontal jumps and throws competitors will receive three (3) attempts with the top nine (9) advancing to the finals. All jumps and throws will be measured.
- b. JV Finals in all events will be held on Tuesday. The horizontal jumps and throws competitors will get four (4) attempts.
 - c. In alignment with CCS, each school will be assigned a field event officiating responsibility by meet management for each division. Each school must provide an official (adult) knowledgeable with the rules of the event, tape measure, and enough people to make the event run effectively.
3. Divisional Finals in all Varsity events will be held on Friday at the same site for both the Gabilan and Pacific Divisions. Site location will be determined at the Pre Season Coaches meeting.
 - a. Track & Field events shall be conducted with Gabilan and Pacific alternating heats which will be scored separately.
 4. The “Honest Effort” rule shall apply to all Varsity athletes from trials to finals and/or for all athletes who check into an event on each day of the Divisional Championships. The “Honest Effort” rule shall NOT apply to the CCS Qualifying Meet (also sometimes called the “Masters” Meet).
 5. CCS Qualifying Meet qualifying will be as follows:
 - a. Only athletes who compete in the MBL Divisional Championships are eligible.

- b. Eight (8) or nine (9) athletes in each field event and sprint/hurdle relay event and Twelve (12) athletes in each distance event (800, 1600 and 3200) will advance to the CCS Qualifying Meet.
 - c. Determination of qualifiers is as follows:
 - i. The top 3 times / marks from the Gabilan Division
 - ii. The top 2 times / marks from the Pacific Division
 - iii. The next 3-4 best times / marks from both divisions combined
 - iv. In the Pole Vault and High Jump the qualifiers will jump to completion in order to determine the order of qualification to the CCS Semi-Finals.
6. Number of athletes, in each event, who qualify to the CCS Semi Finals will be determined by CCS prior to the start of each season.

Section F Conduct of Contest

- 1. National Federation rules shall be followed.
- 2. If more than one heat is required in a dual meet and the meet is “hand timed” the 1st heat will be the fast heat/scoring.
- 3. The official starting time for league dual meets is 3:30 PM.

Note: It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify home team administrators or Athletic Director in such a case. No teams shall be penalized for transportation difficulties.

- 4. A team that arrives late for a meet will have 15 minutes to warm up after arrival.
- 5. The order of events for dual meet competition and league finals shall be: JV Girls, JV Boys, Varsity Girls, Varsity Boys.
- 6. The Order for the 100/110/65 hurdles will be JV Girls, Varsity Girls, Varsity Boys, JV Boys. The 300 hurdles will be JV Girls, Varsity Girls, JV Boys, Varsity Boys.
- 7. Distance races may be combined in dual meets with the agreement from both schools.
- 8. The order of field events will be determined by the host school. If time/darkness/weather is of issue, then Varsity athletes will be first priority. Cutoff for field event check-in is 20 minutes after the opening of the event. After that, athletes cannot check-in and compete in the event. Boys are to compete first in the High Jump until completion. Girls are to compete first in the Pole Vault until completion.
- 9. **Dual meet minimum starting Heights:**

JV Girls HJ	3’6”	JV Girls PV	5’0”
Var Girls HJ	4’0”	Var Girls PV	6’0”

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JV Boys HJ	4'6"	JV Boys PV	7'0"
Var Boys HJ	5'0"	Var Boys PV	8'0"

Divisional Championship Meet minimum starting Heights:

JV Girls HJ	3'6"	JV Girls PV	6'0"
Var Girls HJ	4'0"	Var Girls PV	7'0"
JV Boys HJ	4'6"	JV Boys PV	8'0"
Var Boys HJ	5'0"	Var Boys PV	9'0"

League Master's Meet minimum starting Heights:

JV Girls HJ	4'0"	JV Girls PV	7'0"
Var Girls HJ	5'0"	Var Girls PV	9'0"

10. Meet Events:

Track Events

4 x100 Relay
 1600 meter run
 100 High hurdles
 110/65 High hurdles
 400 meter dash
 100 meter dash
 800 meter run
 300 meter hurdles
 200 meter dash
 3200 meter run
 4 x 400 Relay

Field Events

Shot Put
 Discus
 Long Jump
 Triple Jump
 High Jump
 Pole Vault

Section G Host School Responsibilities

1. Coach from the host school will contact the visiting coach to check the number of entries, needed equipment, order of events, etc. at least two days prior to the date of the meet. The host school will also inform the visiting coach if "hand timing" or "fully automatic timing" will be used.
2. Officials will be provided by the host school, as well as equipment (rakes, measuring tapes, markers, stopwatches, etc.) for meet management.
3. Copies of dual meet results shall be given or sent to the visiting coach no later than one day following the meet, and the heat sheets shall be made available to the visiting coach for review and/or copying upon request by the visiting coach.
4. Teams will use www.athletic.net website for meet entries and results when an electronic timing system / meet management program is used.

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Section H **Visiting School Responsibilities**

1. Shall bring its own equipment (shots, discuses, batons, watches, poles, etc.)
2. Shall control the conduct of its team members and followers.
3. Shall provide their own minor first aid supplies.

Section I **Scoring**

1. The number of places to be scored for each event, unless otherwise announced by the games committee, shall be according to the accompanying table:

<i># of Team Competing</i>	<i>Individual Scoring</i>	<i>Relay Scoring</i>
2	5-3-1	5
3	5-3-2-1	5-3
4	6-4-3-2-1	6-4-2
5	8-6-4-2-1	8-6-4-2
6	10-8-6-4-2-1	10-8-6-4-2
7 or more (6 scoring)	10-8-6-4-2-1	10-8-6-4-2-1
7 or more (7 scoring)	10-8-6-4-3-2-1	10-8-6-4-3-2-1
7 or more (8 scoring)	10-8-6-5-4-3-2-1	10-8-6-5-4-3-2-1

1

Section J **Equipment**

1. Equipment must meet National Federation rules.
2. All schools in the league shall use the 10 lb. shot in JV Boys competition. (Any Junior or Senior Boy competing in the JV Division because of transfer restrictions and/or rare special needs athlete, must throw the 12 lb. shot at all times).
3. Any ground rules for equipment specifications or running of the meet not specified by National Federation rules or that need modification will be determined in a preseason coaches meeting.

Section K **Officials**

1. Officials shall be provided by the home team, including a head starter, a head field events judge, and a head track events judge.
2. Officials for the MBL Divisional Championships and CCS Qualifying Meet shall be provided by all schools in the league. Assignments for each school will be determined at the seeding meeting.
 - i. Officials provided by each school shall be a coach or other adult knowledgeable in the rules of the event for which they are officiating.

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Section L **Team Members Competition Limitations**

1. JV to Varsity and vice versa is permitted but must not take place within the same track meet.
2. Each meet, in which an athlete competes, shall be counted as one contest for that athlete.

Section M **Priority of Teams and Levels of Competition**

1. Priority: Varsity, then JV
2. Levels of Competition: Girls can compete on Varsity or JV levels. JV Boys will consist only of frosh/soph with the following exception: - 11th or 12th graders will only be able to compete at the JV level if they are subject to transfer restrictions and/or are a special needs athlete.

Section N **Season Long Play**

In Track and Field, an individual athlete will be unable to participate in the CCS playoff due to failure to meet the CCS Playoff Policy regarding "Season Long Play (at least ½ the regular season league events), that athlete will be ineligible to participate in the League meet on behalf of his/her school. The League Commissioner shall make the final determination with respect to an individual's eligibility, including the exceptions involved in that CCS Playoff Policy.

MBL SPORTS BY-LAWS ARTICLE 15

VOLLEYBALL (Boys)

Section A **Season Start Dates and Contest Limits**

The season start dates, as well as the definitions and limitations around contests, scrimmages, jamborees, etc, are all as established by the CCS and/or CIF By-Laws. See Article 26 of the General MBL By-Laws.

Section B **Host School Responsibilities**

1. Provide leather game balls, regulation courts, and proper nets as Designated by Federation Rules
2. Provide 10 practice balls and a cart for the visiting team.
3. Ensure officials are assigned by PSI.
4. Provide visible scoreboard.
5. Provide structure from which officials can view the game clearly.
6. Provide the scoring crew as follows:
 - a. Official scorer
 - b. Assistant scorer (libero tracker)
 - c. Timer/Scoreboard keeper

Section C **Visiting School Responsibilities**

1. Provide their own minor first aid supplies.
2. Notify home team administrators, Head Coach, or Athletic Director if significant transportation delays develop.

Section D **Conduct of Contest**

1. Federation Rules will be followed.
2. A league match will be a one-day event.
3. Starting times:

JV – 5:00 p.m.

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Varsity – 6:30 p.m.

It is understood that transportation schedules for visiting teams may interfere with starting times. No teams shall be penalized for transportation difficulties.

4. Game times shall be 22 minutes following the completion of the coin toss.
5. Rosters shall be submitted no later than 10 minutes before the start of the first set.
6. Lineups shall be submitted no later than 2 minutes prior to the end of the timed pre-match warmup.
7. Lineups for subsequent sets shall be submitted no later than one minute prior to the start of those sets.
8. Scoring:
 - a. Varsity plays 3 sets out of 5 to 25 points using rally scoring. A deciding set (set 5), if necessary, will be to 15 points using rally scoring.
 - b. Junior Varsity play two sets out of 3 to 25 points using rally scoring. A deciding set (set 3), if necessary, will be to 15 points using rally scoring.

Section E. League Divisions, Schedules and Championships:

- a. **Divisions:** The Monterey Bay League shall compete Boys Volleyball in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above.
- b. **Schedules:** The league schedule for each division shall be a double round robin schedule followed by the league finals.
- c. **Team League Championship:** Each of the two divisions shall have a champion determined by the round robin results. If there is a tie at the conclusion of round robin play, the tied teams shall be declared co-champions or tri-champions as the case may be.

Section F. Automatic Qualifiers To The CCS Championships:

Effective Spring 2016, there shall be no longer be a year-end MBL Boys Volleyball Tournament. The first place team in the Gabilan Division will receive one of the two automatic qualifiers to the CCS Team Championship Meet. There will be a play-in game between the first place team of the Pacific Division hosting the second place team of the Gabilan Division. The winner of the play-in game will receive the second of the automatic qualifiers to the

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CCS Boys Volleyball playoffs. Any ties related to either of these two playoff spots will be broken by the league tie breaker rules.

Section G **All-League Selection Process (Post Season Meeting)**

The number of All-League awards and the process of deciding the recipients shall all be in accordance with Article 15 of the MBL General By-Laws.

Section H **Officials**

1. The following will be assigned by PSI: Referee and Umpire.
2. All linespersons will be provided by the home team for all matches, unless other arrangements are mutually agreed upon.

Section I **Priority of Teams**

Varsity, Junior Varsity

MBL SPORTS BY-LAWS ARTICLE 16

VOLLEYBALL (Girls)

Section A. **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 28 of the MBL General By-Laws

Section B. **Contest Limits:** For Contest Limits, see Article 28 of the MBL General By-Laws

Section C. **Divisions:** The Monterey Bay League shall compete Girls Volleyball in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above.

Section D. **League Schedules:** The league schedule for each Division shall be a double round robin schedule. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the league Board of Managers. See Article 20 in the General By-laws regarding the obligation of all league schools to compete according to the league schedule.

Section E. **League Championship Determination:** Each of the two Divisions shall have a champion, determined by the league round robin results. In the case of a first place tie between two teams, those teams shall be Co-Champions of the Division. In the case of a first place tie between three teams, those teams shall be Tri-Champions of the Division.

Section F. **Automatic League Qualifiers to the CCS Playoffs:** The top 3 teams in the MBL-Gabilan shall be Automatic Qualifiers to the CCS Playoffs, and the top 1 team in the MBL-Pacific shall be an Automatic Qualifier from the MBL to the CCS Playoffs. Ties shall be broken in accordance with the MBL Tie-Breaker rules set forth in the General MBL By-laws, Article 16.

Section G. **All-league Awards:** League Awards are governed by the General MBL By-Laws, Article 15.

Section H. **Rules:**

Host School Responsibilities include:

- providing 10 leather game balls and a cart, regulation courts, and proper nets of designated by Federation Rules;
- ensuring officials are assigned by PSI;
- providing official scoresheets, pencils, and one scorer and timer per team, per match;
- providing a visible scoreboard; and
- providing a structure from which officials can view the game clearly.

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Visiting School Responsibilities include:

- providing a roster for the contest to the scorekeeper 10 minutes prior to the beginning of the match; and
- providing their own minor first aid supplies and ice for all;

Section I. **Conduct of Contest:** NFHS rules will be followed.

Start times for 3 levels will be 4/5:30/6:30 and for 2 levels will be 4:30/6 or 22 minutes after the end of the previous match. Upon mutual consent game times may be adjusted. It is understood that transportation schedules for travelling teams may interfere with starting times. The visiting team will notify the home team administration and/or Athletic Director upon any transportation difficulties. No teams will be penalized for transportation issues.

Game times shall be 22 minutes following the completion of the coin toss.

All warmups will be conducted on one side only—no crossover or circling of the entire court.

Frosh & JV play 2 out of 3 with all games using side out scoring.

Varsity play 3 out of 5 with all games using side out scoring .

Section J. **Eligibility:** All schools shall abide by the eligibility rules as stated by CIF, CCS and MBL Constitution and By-laws.

Section K. **Priority of Teams and Movement of Players:** Varsity, JV, Frosh-Soph . Movement is allowed up and down at any time during the season with careful attention being paid to the maximum contest limit for each individual player.

MBL SPORTS BY-LAWS ARTICLE 17

WATER POLO (Boys and Girls)

- Section A.** **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 26 of these By-Laws above.
- Section B.** **Contest Limits:** For Contest Limits, see Article 26 of these By-Laws above.
- Section C.** **Divisions:** The Monterey Bay League shall compete Boys and Girls Water Polo each in two divisions, the MBL-Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth elsewhere in the General By-laws above. Boys and Girls teams from one school need not be in the same division.
- Section D.** **League Schedules:** The league schedule for each Division shall be a double round robin schedule. League schedules shall be prepared by the League Commissioner with approval from the Athletic Directors who recommend final approval to the league Board of Managers. See Article 20 in the General By-laws regarding the obligation of all league schools to compete according to the league schedule.
- Section E.** **League Championship Determination:** The Divisional Champions will be determined by a combination of Round-Robin record and Divisional Tournament Place. The top finisher in Round-Robin play will be deemed Divisional Champion. If another school wins the Divisional Tournament, Co-Champions will be declared.
- If Round-Robin ends in a tie, Co-Champions or Tri-Champions will be declared and a possible additional champion may be declared if a non-tied different team wins the Divisional Tournament.
- Section F.** **Automatic League Qualifiers to the CCS Playoffs:** 4 automatic berths have been awarded to the League by CCS: The GABILAN Division will have 3 such qualifiers; the PACIFIC Division will have 1 such qualifier. These automatic qualifiers will be determined by the Divisional tournament as follows: The top 3 finishers in the Gabilan divisional tournament shall be awarded Automatic Qualifier spots #1, #2 and #3. The top finisher in the Pacific divisional tournament shall be awarded that single Automatic Qualifier spot. [Note of clarification: This process does not guarantee that the round robin champion in any Division will be an Automatic

Qualifier to CCS, as those qualifiers are to be determined solely by the results of the Divisional tournament.]

Section G **Starting Times and Rosters**

1 If Four games, times are to be 4:00/5:00/6:00/7:00; if three games, recommended times are 4:00/5:00/6:00; if two games, recommended times are 4:00/5:00.

2 Unless otherwise agreed to in advance by the administrations of both schools involved, no contest on a Monday through Friday shall be scheduled to begin before 4:00 PM or after 7:00 PM. In the event that a host school cannot provide a site within these required time parameters, that school shall travel to the opposing school's site for the contest and shall pay for the officials as if it were the home site.

Note: It is understood that transportation schedules for visiting teams may interfere with starting times. It is also understood that visiting teams will notify home team administrators of Athletic Director in such a case. No team shall be penalized for transportation difficulties.

3 Visiting teams must present a roster to the desk before the start of the game. The scorebook must have both names and cap numbers. [added Oct 2013]

Section H **Officials**

Officials shall be assigned by PSI for ALL schools in this MBL Water Polo League, including those schools supplementing into the league from the SCCAL.

Section I **Priority**

- 1 The league is composed of ten schools which form a supplemental league. The league includes teams from the MBL, the MTAL, and the SCCAL. The MBL will be the sponsoring league.
- 2 Each school will field a Varsity and JV team.
- 3 JV games will consist of four, **six** minute quarters and will follow the Varsity game. Varsity games will consist of four, seven minute quarters.
- 4 JV teams will be made up of players in grades 9-12. Movement is allowed up and down during the entire season. **(cannot participate in JV and Varsity contest on the same day)**

Section J **League Standing**

League standings for Varsity will be decided by league records of each team in the double round robin league season.

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Section K **Divisional Tournament Format**

Each division will have an end-of-season Divisional Championship Tournament to determine the CCS qualifiers as well as possible league multi-school championships as above.

All Divisions will use a Four (4) team Bracket in the tournament, with the four teams to be determined and seeded according to finish in the division round robin season league standings. Any ties in the standings will be broken by the league tie breaker rules.

The seeded teams will play in a two day Divisional tournament with the following format:

- a. The tournament will be a two day tournament played the Thursday and Saturday after the completion of the round robin season.
- b. The tournament will be held at two pre-determined sites.
- c. The Thursday first round contests in each Division will be Team seeded #1 vs. Team seeded #4, and Team seeded #2 vs. Team seeded #3 in that division.
- d. The Saturday second (final) round contests will be as follows: in the Gabilan Division, the two first round winners will play to determine the first two CCS automatic qualifiers, and the two first round losers will play to determine the third CCS automatic qualifier; in the Pacific Division, only the two first round winners will play to determine the single CCS automatic qualifier from those Divisions.

MBL SPORTS BY-LAWS ARTICLE 18

WRESTLING (Boys and Girls)

- Section A.** **Practice Start Dates and Definition of Season:** For Practice Start Dates and Definition of Season, see Article 28 of the MBL General By-Laws
- Section B.** **Contest Limits:** For Contest Limits, see Article 28 of the MBL General By-Laws
- Section C.** **Divisions:** The Monterey Bay League shall compete Wrestling in two divisions, the MBL Gabilan and the MBL-Pacific. Schools shall be assigned to the two divisions by competitive strength, in accordance with the process set forth in Section K of these Wrestling By-Laws below.
- Section D.** **Rules:** The official rules for Wrestling are contained in the current edition of the National Federation High School Rules Book, Central Coast Section (CCS), and these by-laws.
- Section E.** **Classification:** The official dual meet teams in Wrestling are Varsity and Junior Varsity.
- Section F.** **Match Management – Player Eligibility**
1. Seniors may wrestle in the JV MBL tournament, a non-varsity tournament which is held the day before the Varsity MBL tournament.
 2. An athlete may move back and forth from Varsity to Junior Varsity during the season, provided the athlete wrestles only once in any one event against a given school.
 3. If a weight division is vacant on the Varsity level, that team shall forfeit team points in the same weight on its Junior Varsity team. If an exhibition match is held, it's still considered a forfeit. Team points shall be given to the appropriate school. Athletes may wrestle exhibition matches as long as both athletes meet all eligibility requirements.
- Section G.** **Weigh-in Regulations**
1. All wrestlers must do an official weight assessment before they may compete. This must be done by January 15 at an official weight assessment site in accordance with the National Federation High School Rules.
 2. On January 16, the 14 weight divisions will be given a two-pound growth allowance for the remainder of the season. For example, 103 lbs. will become 105 lbs.; 112 lbs. will become 114 lbs., etc.

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3. An athlete may not wrestle more than one weight class above the weight class he made on the day of the meet.

4. Competition for all league dual meets and tournaments shall follow the CIF weight classes for Varsity and Junior Varsity.

5. Weigh-in procedures shall follow the National Federation High School Rules Book. For dual meets, the weigh-in shall be one hour before the first match is scheduled to begin.

Section H. Division Schedule and Dual Meet Regulations

1. The Division schedule for the Varsity and Junior Varsity teams shall be the same. Each member school shall meet each other in a dual meet and in a season-ending tournament.

2. The system the committee shall follow in developing the schedule shall be modified rotating and flip-flop (sequence to be modified depending on the availability of facilities).

3. Division dual meets are to be held on Wednesday evenings if there is no problem with the availability of facilities.

4. Starting times for division meets shall be Junior Varsity at 5:30 p.m. and Varsity at 6:30 p.m. or immediately following the Junior Varsity.

Section I. League Championship Determination

1. There shall be a Varsity Team champion in each division, the MBL-Gabilan and the MBL-Pacific.

2. These MBL team champions shall be determined by the best Division dual meet record (the Division standing at the end of the regular season).

Section J. League Tournament and CCS Representation

1. A league tournament shall be held for both the Varsity and Non-Varsity team members. These tournaments shall be held during the same week at the conclusion of the dual meet season.

1.1 The non-varsity, JV MBL tournament, can include all members of the team who are not on the varsity team. For instance, if a team has five non-varsity wrestlers in a single weight division, that team may enter all five of its non-varsity wrestlers in the same weight division, including seniors.

1.2 The Varsity tournament shall determine all Varsity qualifiers to the CCS Championships. There shall be a maximum of one wrestler per weight per school.

Note: If there are any ties due to five match rule, each wrestler will be given the highest placement points for their school. Ex. Both wrestlers finish 5th both receive 2pts, 6th place wrestler will receive 1 pt.

Section L. **League Tournament Rotation**

1. The current recommended MBL League Wrestling Finals venue rotation is Watsonville (2013), followed by Hollister, then Gilroy, then Christopher.

2. The Novice tournament to be hosted by the school that is hosting the MBL finals the following year.

Section M. **Season Long Play**

In Wrestling, an individual athlete will be unable to participate in the CCS playoffs due to failure to meet the CCS Playoff Policy regarding "Season Long Play (at least ½ the regular season league events), that athlete will be ineligible to participate in the League meet on behalf of his/her school. The League Commissioner shall make the final determination with respect to an individual's eligibility, including the exceptions involved in that CCS Playoff Policy.

END OF DOCUMENT.